The Quantum Game

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Welcome to The Quantum Game!

I'm so glad you decided to come play!

You probably don’t realize it yet, but you just took a gigantic step forward on the journey to playing YOUR game in “reality” and living the life you’ve always dreamed of!

Okay, so let’s take a moment to talk about what you have just embarked upon. The Quantum Game (QG) is a technology that will help you identify, understand and alter specific areas of your self that are creating results that are not matching your intentions.

Well that’s a mouthful, so what does it really mean? Specifically the QG focuses you on Health, Wealth and Wisdom within the four areas of your psyche: Physical, Emotional, Mental and Spiritual. By breaking each of these areas down into three specific areas (Health, Wealth and Wisdom), you will be able to identify blocks or shortcuts to creating the life you are dreaming of.

This isn’t a time limited approach, where you do the work and then move on. The Quantum Game is really your life, however we are going to spend the next year working through the QG System to get you in the habit of looking at your life differently and providing you with the tools to understand and upgrade your current “Player” level.

We refer to this technology as a “Game”, and to you as both the “Player” and the “Character”. When you read through the Players Guide you will get a much deeper understanding of where this comes from, however, for the moment think of your life like a video game. You are the “Player”, the person with the controls; you interact with the “Character” who is part of the game. In our Game, the “Player” is your higher self, that part of you who silently guides your life; and the “Character” is you experiencing your life each day, sometimes knowing you have expert guidance and other times just doing what seems right at the moment.

So now knowing you are part of a larger game, the QG technology provides you with the rules, the approach and all of the upgrades you can make to your “Character” so it can directly access the knowledge of the “Player” allowing it to play more effectively. What this means for you as the “Player” is that you are able to navigate and experience your world easily and effortlessly to match your own personal intentions.

So enough about that lets talk about what you should expect over the coming 52 weeks. The following provides you with an overview of each of the sections and your weekly explorations.
Program Layout

First you’re going to want to set aside a time in your week that you will work on your Quantum Explorations. If you start a consistent routine it will make the program much easier to stick with, and Creating your Game will become a regular part of your life – just like brushing your teeth every morning. We start by exploring your Physical Health – how you experience your physical world in The Game. This will give you the opportunity to get your feet wet by playing around with a concept that is very real and tangible.

The basic structure of each module will be the same.

In the first week we’ll delve into Your Programming and see what you want to change and what you don’t. You’ll take a quick quiz to give yourself a score – in this case a “Physical Health Score” – so you can see where you’re starting from. Then we’ll explore your programs through the eyes of your archetypes. And finally you’ll record your intentions and desires as they stand now for this segment of The Game.

In week two there will be a special film to help you further explore the concept and how this section of The Game is played. After you watch the film there is a quick series of questions to help you gain even more clarity. In the Physical Health section you’ll be watching the 2005 hit movie Cinderella Man.

The third week is where we focus on how you want to consciously build your character. You’ll meet with your group mastermind team via teleconference and then do a quick exercise to help you plan exactly what your new “character” is going to look like.

And finally in the fourth week you’ll start mapping out how you’re going to bring that character out by taking Inspired Action. You’ll create a Smart Play Sheet for each of the 3 main targets you selected, with the action steps that you’ll record in your daily planner. And finally you’ll take the quiz again to recalculate your “New Score” and see how you’ve improved!

If you’ve opted for the expanded Quantum Game Program, you’ll also have a fifteen minute session each week with your coach to check up on where you are and where you want to be.

After you complete the Physical Health section we’ll move on to explore…

- Physical Wealth (how you manifest wealth of any kind – and specifically money, in the physical plane)
- Physical Wisdom (using your physical body and surroundings as a guidance system without fear)
- Emotional Health (experiencing a full range of emotion and reclaiming power from blocked emotional energy)
- Emotional Wealth (evaluating your relationships as a manifestation of your emotional wealth)
- Emotional Wisdom (using your emotions as a guidance system to find hidden power and insight)
- Mental Health (exploring your mind as the command center of your original programming or operating system)
- Mental Wealth (the mental game of wealth – what goes on inside your head about wealth, money, and manifesting)
Game Overview

- Mental Wisdom (choosing thoughts and judgments based on how you WANT to play The Game)
- Spiritual Health (Exploring the Field of all Possibility and playing The Game from there)
- Spiritual Wealth (deriving your wealth from The Field rather than “The Game”)
- Spiritual Wisdom (fulfilling your mission from The Field)

Following is an overview of what the program entails for the entire year, outlining each of the Modules and the format for each of the weeks within each module:

**Module 1 – Setting the Stage for Your Intentions**

- **The Players Guide to “The Game”**
  - Fundamentals of the Game (Why you want to play and HOW you want to play)
  - Evaluating Your Character
  - The 4 Character Aspects
  - The 4 Survival Archetypes
  - The 3 Game Objectives
- **Attracting Your True Self**

**Module 2 – Physical Health (whole body health)**

- Week 1 – What’s Your Program (and do you want to change it)
- Week 2 – Exploring How This Section of the Game is Played
- Week 3 – How do I Want to Consciously Build my Character
- Week 4 – Taking Inspired Action

**Module 3 – Physical Wealth (manifesting wealth of any kind – and specifically money, in the physical plane)**

- Week 1 – What’s Your Program (and do you want to change it)
- Week 2 – Exploring How This Section of the Game is Played
- Week 3 – How do I Want to Consciously Build my Character
- Week 4 – Taking Inspired Action

**Module 4 – Physical Wisdom (using your body as a guidance system without fear)**

- Week 1 – What’s Your Program (and do you want to change it)
- Week 2 – Exploring How This Section of the Game is Played
- Week 3 – How do I Want to Consciously Build my Character
- Week 4 – Taking Inspired Action

**Module 5 – Emotional Health (experiencing a full range of emotion and reclaiming power from blocked emotional energy)**

- Week 1 – What’s Your Program (and do you want to change it)
- Week 2 – Exploring How This Section of the Game is Played
- Week 3 – How do I Want to Consciously Build my Character
- Week 4 – Taking Inspired Action
Module 6 – Emotional Wealth (evaluating relationships as a manifestation of emotional wealth)
Week 1 – What’s Your Program (and do you want to change it)
Week 2 – Exploring How This Section of the Game is Played
Week 3 – How do I Want to Consciously Build my Character
Week 4 – Taking Inspired Action

Module 7 – Emotional Wisdom (using your emotions as a guidance system to find hidden power and insight)
Week 1 – What’s Your Program (and do you want to change it)
Week 2 – Exploring How This Section of the Game is Played
Week 3 – How do I Want to Consciously Build my Character
Week 4 – Taking Inspired Action

Module 8 – Mental Health (exploring you mind as the command center of your original programming)
Week 1 – What’s Your Program (and do you want to change it)
Week 2 – Exploring How This Section of the Game is Played
Week 3 – How do I Want to Consciously Build my Character
Week 4 – Taking Inspired Action

Module 9 – Mental Wealth (the mental game of wealth – what goes on inside your head about wealth, money, and manifesting)
Week 1 – What’s Your Program (and do you want to change it)
Week 2 – Exploring How This Section of the Game is Played
Week 3 – How do I Want to Consciously Build my Character
Week 4 – Taking Inspired Action

Module 10 – Mental Wisdom (choosing thoughts and judgments based on how we WANT to play the game)
Week 1 – What’s Your Program (and do you want to change it)
Week 2 – Exploring How This Section of the Game is Played
Week 3 – How do I Want to Consciously Build my Character
Week 4 – Taking Inspired Action

Module 11 – Spiritual Health (Exploring the Field of all Possibility and playing the game from there)
Week 1 – What’s Your Program (and do you want to change it)
Week 2 – Exploring How This Section of the Game is Played
Week 3 – How do I Want to Consciously Build my Character
Week 4 – Taking Inspired Action

Module 12 – Spiritual Wealth (deriving your wealth from The Field rather than “The Game”)
Week 1 – What’s Your Program (and do you want to change it)
Week 2 – Exploring How This Section of the Game is Played
Week 3 – How do I Want to Consciously Build my Character
Week 4 – Taking Inspired Action
Module 13 – Spiritual Wisdom (fulfilling your mission from The Field)
  Week 1 – What’s Your Program (and do you want to change it)
  Week 2 – Exploring How This Section of the Game is Played
  Week 3 – How do I Want to Consciously Build my Character
  Week 4 – Taking Inspired Action

So let’s get started. Attached is your first exploration along with The Players Guide. Read through both of these and work through the Attracting Your True Self Exploration. You should complete these exercises prior to starting the second module on Physical Health which you will receive in about a week.

Congratulations on joining “The Game”!